



## YOUR JOURNEY TO EXCEPTIONAL WELLNESS: HELP US SERVE YOU BETTER

CBD has been researched for its potential benefits in treating a range of health conditions. At HONA CBD, our mission started with a genuine commitment to Empower Your Health Journey through our CBD products. We understand that tailoring our offerings to meet your unique health and wellness needs is pivotal to our mission's success. We encourage you to share your specific concerns or wellness goals with us. Your feedback is not only valued but essential in shaping a community dedicated to promoting exceptional quality of life through targeted CBD solutions.

Below are examples of health issues to guide you in exploring how CBD might contribute to your own health and wellness journey.

### PAIN + RECOVERY

- Pain Management
- Alleviate Chronic Pain
- Reduce Inflammation
- Joint Pain

### RELAX + SLEEP

- Sleep Recovery
- Stress & Anxiety
- Muscle Relaxation
- Mental Health

### ENERGY + FOCUS

- Energy & Clarity
- Focus & Concentration
- Stress & Anxiety
- Mental Health
- Energy + Stamina
- Mood Enhancement

### HEALTH & WELLNESS

- General Wellness
- Digestive Health
- Take Less Medication
- Antioxidant Support
- Immune System Boost
- Inflammation Management
- Immune Cell Stimulation
- Neuroprotective Effects
- Weight Management

### OTHER ASSISTANCE

- Other

Please contact our CBD experts to better assist your Health and Wellness Journey by emailing [support@templehwd.com](mailto:support@templehwd.com) or call us at [\(877\) 313-3679](tel:877-313-3679) to discuss CBD relief regarding other various health conditions.

**Disclaimer:** This information is intended for educational purposes only and should not be considered medical advice. Always consult with a healthcare professional before making decisions related to your health. Because there is no recommended dose, and every person's needs are different, this information is intended to serve only as an informational guide – a starting point of reference – and should never be considered medical advice.